

**Maria Banaszak**

Overcoming psychoactive substance addiction.

Life after therapy – successes, relapses, determinations.

**Key words:** addiction, drugs, psychoactive substances, therapeutic success, addiction therapy, Therapeutic Community, relapse, protective factors, risk factors

**Short Description:** Psychoactive substances addiction is an important social problem, the negative consequences of which affect not only individuals but also entire family systems and bringing with it significant damage at the general social level. The subject of interest at work are the ways of getting out of addiction and the life of graduates of rehabilitation centers after addiction therapy. The main research goal was to try to find answers about the essence of success in overcoming addiction and the factors determining recovery (both on the therapeutic and non-therapeutic side), as well as factors determining the maintenance of sobriety and the occurrence of potential relapses of addiction. The subject matter completes a significant, however incomplete, area in the literature of the subject and creates an important starting point for a discussion on effective prevention, evaluation of therapeutic systems and an attempt to search for the most effective forms of support after getting out of addiction.